

# Westin Wellness

*Balance is restored with a healing touch. Discover your best self while relaxing with a soothing massage from one of our talented massage therapists. Simply dial Service Express® from your guest room or call 704.375.2600 to schedule. Restore harmony and awaken your senses at Westin Wellness.*



## Soothing Services

### Westin Signature White Tea

*50 minutes \$125, 80 minutes \$165*

*Couples: 50 minutes \$215, 80 minutes \$295*

Surround yourself with the calming, healing qualities of white tea essential oils. This relaxing treatment restores balance and allows you to emerge renewed and relaxed.

### Soothing Carolina Hot Stone

*50 minutes \$155, 80 Minutes \$195*

*Couples: 50 minutes \$275, 80 minutes \$355*

The Carolina Hot Stone will connect you to nature. The use of hot stones warms the soul and ignites the senses to release all stress for total well-being.

### Road Warrior Deep Tissue

*50 minutes \$135, 80 minutes \$175*

*Couples: 50 minutes \$235, 80 minutes \$315*

Your travel is legendary and it takes you away from home more than you may like. Our Road Warrior massage will infuse you with energy and spirit to be at your best.

### Four Hands Massage

*50 minutes \$185, 80 minutes \$225*

Complete indulgence and the focus is you. Give in to the healing work of two massage therapists working in harmony. Intuitive to your needs, it will bring you to an elevated sense of well-being and peace.